

10 Tips On Finding A Qualified Specialists In The Anti-Bullying Profession

People who reach out for services in this area may be exceptionally vulnerable. It is important to find competent, experienced professionals who can ensure they receive quality support and guidance.

1. Be sure to check the anti-bullying specialists educational background and workplace experience. It is ok to ask for a resume/CV and references.
2. Find out where they studied and what they studied. Who is their mentor?
3. It is important to know that each profession will offer a different perspective in their practices. For example, a police officer, nurse or coach will teach and offer support very differently than a social worker, or psychologist. Know which type of perspective you prefer. Ask questions about their perspective. All information offered by each profession is important, and yet different. Your needs come first.
4. Ask for a reference from other professionals (therapists, doctors, teachers, nurses, social workers) who have observed their work.
5. Does the expert have any personal experience with bullying? If so, what did they do to resolve their situation and most importantly, what steps did they take to recover from it?
6. Review their resource websites, face book page, twitter notifications for a sense of their perspective, style, associates and their following.
7. Do they offer solutions, resources, options?
8. Are they connected to a good network of resources?
9. Do they work within their scope of practice. Be sure to have this clearly defined. Professional boundaries are essential to ethical practices.
10. Do they offer a sliding scale to accommodate your income?